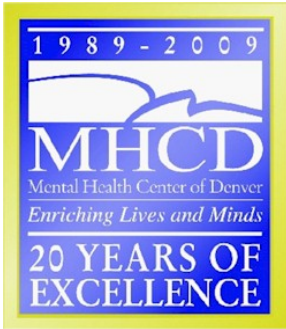


# The Top Ten Things to Know about the Mental Health Center of Denver (MHCD)



1. MHCD is celebrating its 20<sup>th</sup> Anniversary this year. It was created in 1989 as the mental health authority of Denver.
2. MHCD has evolved into a state-of-the-art recovery center recognized nationally as the Center of Excellence in mental healthcare.
3. Our Mission – Enriching Lives and Minds by Focusing on Strengths and Recovery.
4. MHCD is a private, charitable, non-profit community mental health center governed by a volunteer board of directors; it is not a city or state agency.
5. MHCD treats men, women, children and families of all ages.
6. MHCD provides community-based services to over 11,500 adults, children and families at 37 locations including residential facilities and out-patient clinics such as El Centro de Familias which serves the southwest Denver community and Spanish speakers throughout Denver.
7. MHCD programs like school based therapy in 16 Denver Public Schools, Voz y Corazón suicide prevention and mentoring program and the HIKE (Health Intervention Knowledge Education) project are just a few examples of how we address the mental and emotional health needs of at-risk-children and youth.
8. MHCD is a vital partner in many city programs including Denver's Road Home, Street to Home, Court to Community and GROW which help men and women who are homeless or involved with the criminal justice system due to their illness get the treatment they need.
9. MHCD provides educational and vocational training and supported employment through our 2Succeed in Education and Employment program, which is open to all our consumers.
10. The Wishing Well Resource Center provides furniture, household supplies, small appliances and clothing free of charge. A Food Bank is held every Friday.