

MENTAL HEALTH CENTER OF DENVER



REPORT TO THE COMMUNITY 2010



**ENRICHING LIVES AND MINDS
BY FOCUSING ON STRENGTHS
AND RECOVERY**

BUILDING A STRONGER COMMUNITY

MHCD makes our community stronger by providing essential services to people of all ages, including children and young adults who represent our greatest hopes for the future.

- MHCD has made it possible for more than 80% of the homeless women it treats to live in permanent housing and, in a pilot project, brought a third of these women into active participation in educational and vocational services.
- MHCD joined with the Denver Early Childhood Council (DECC) to engage our community in developing an action plan to build public awareness and support for the mental health needs of young children.
- MHCD launched an innovative program called Right Start for Infant Mental Health that promotes the healthy development of at-risk infants whose caregivers are experiencing or are at risk for mental illness.
- MHCD initiated a two-year program to create resilience and reduce the impact of traumatic stress among high-risk youth vulnerable to gang involvement.



MHCD launched the New Day Resource Center to provide donated clothes, toiletries, household goods and toys to children and families.

THE NATIONAL LEADER IN MENTAL HEALTHCARE

Measurable recovery performance gave MHCD national recognition as the leader in mental healthcare.

- MHCD fully implemented the Recovery Measures and Markers to allow clinicians and consumers to accurately track progress toward recovery. Levels of care are assigned according to the consumer's progress, leading to better overall health outcomes.
- MHCD's pioneering work in measuring recovery will be showcased at the Recovery Transformation Summit to be held in Denver in March 2011. The Summit brings together leaders in Behavioral Healthcare from across the nation.
- MHCD joined with the Colorado Division of Behavioral Health to spearhead efforts to promote recovery through supported education and employment programs based on MHCD's nationally recognized model.



Roy Starks,
Reaching Recovery
Director

Dr. Carl Clark,
MHCD CEO

MHCD's supported employment program won the SAMHSA's 2010 Science and Service Award. MHCD received first place honors from the Mayo Clinic for its presentation on measuring recovery and how it improves clinical practice.

A RECOVERY SUCCESS STORY

Orlando Black says at the age of 36, "I'm proud of myself for the first time in my whole entire life." Living with mental illness and homeless for nine years, in 2010 Orlando obtained job placement as a houseman at Denver's Oxford Hotel through MHCD's 2Succeed supported employment program. The process of seeking, obtaining and sustaining employment – and the independence Orlando has achieved as a result – have been vital to his recovery. Reflecting on the progress MHCD helped him to achieve, the now-career-minded Orlando says, "I'm blessed to be here."

ENRICHING LIVES AND MINDS

In 2010, MHCD expanded its programs by adding new technologies and primary healthcare to serve consumers more efficiently and effectively.

■ Because their chronic medical conditions go undiagnosed and untreated, on average, people with mental illness die 25 years too soon. To change this, MHCD has implemented a bold initiative incorporating primary care clinics into its treatment sites.

■ MHCD implemented an electronic medical record (EMR) to allow clinicians to more effectively monitor client progress in treatment; improvements also allow more effective diagnosis and treatment planning for children 0 to 3 years of age.

■ MHCD enriched its Day Treatment Program by providing nutritious lunches using exclusively organic (chemical and hormone free) foods. In addition, every Friday MHCD fills the children's backpacks with nonperishable foods to help see them through the weekend.



The MHCD MyPlace consumer portal allows consumers to go online to view their treatment plan, review medication side effects, request appointments, and message their therapist.

"We had a client at our site for ten years. She struggled with addiction... She moved to a higher intensity substance abuse team. I saw her last month... She looked AMAZING and is clean. She thanked us over and over... That was the best decision she ever made."

~ An MHCD case manager

"Without MHCD I would be homeless and crazy. With MHCD, I'm being guided to become a useful and constructive human being...I feel there is a reason for my existence and that there is HOPE. That's what MHCD does, it provides HOPE and direction and helped me to become productive."

~ An MHCD consumer



FULFILLING THE PROMISE

"Without MHCD, my daughter wouldn't get the help she so desperately needs."

OUR VISION FOR A BOLD FUTURE

Five years ago, we committed to doubling the number of people served by MHCD, and we have met that challenge. As CEO, I am keenly aware of the need for mental healthcare, and we are committed to doing even more. It is our vision to provide mental health services to all those in need in Denver by 2014. We'll achieve this vision by expanding our capacity, improving our technology and offering more integrated healthcare.

MHCD is the national leader in recovery-focused mental healthcare. But we can go further. It is our vision to reach beyond MHCD's walls to become a valued community resource not only for mental healthcare but as a trusted source of information and services for healthcare in general. In particular, we will demonstrate the value of integrated care and the role of mental healthcare in the larger healthcare landscape.

We are beginning the process to consolidate our adult recovery services in a new, state-of-the-art treatment center. By modernizing and expanding our facilities we will better meet a growing need in the adult population and create opportunities to expand other needed services for children and families.



Individualized service is essential to helping our consumers achieve their needs, wants and hopes. Our treatment recognizes the value of the whole person and focuses on life-changing individual growth.

In support of our commitment to alleviate health disparities in our community we have expanded access to integrated care for disadvantaged populations via partnerships with physical health centers and networks of providers/partners. A collaboration with Colorado Access, Kaiser Permanente and Denver Health will improve access to care and reduced medical costs for 6,700 Medicaid recipients in Denver this year.

Measurement is critical to helping consumers recover and validating our success. As leaders in measuring the effectiveness of our services, MHCD assigns levels of care according to the consumer's progress, leading to greater efficiency and better health outcomes.

We are extremely proud to serve the Denver community and look forward to making ever more profound contributions to our community as we help chart a bold new future in healthcare delivery.

Carl Clark, MD, Chief Executive Officer

BOARD OF DIRECTORS

Marcus Curry
Elizabeth Eldridge
Barbara Ford, LMFT, CAC III
Dr. Nancy Gary, PsyD
Tim Hudner, MBA
Lucille Johnson, MA
Judith A. Kilbourne
Reed Morgan
Jesse Ogas
Roberta Payne, PhD
R.J. Ross, MDiv, MSA
Lisa Roy, MA
Nancy Severson, JD, MBA
Rick S. Simms
Curtis V. Smith, Esq
Daniela E. Stamatoiu, MD

Emeritus Member

Velvia Garner
Gary May, MD

ABOUT US

The Mental Health Center of Denver (MHCD) is a non-profit, 501(c)(3), community mental health organization. The driving force behind the work we do is the belief that people can and do recover from mental illness. Our mission statement: *Enriching Lives and Minds by Focusing on Strengths and Recovery.*

- MHCD employs over 500 professionals and offers a wide array of mental health services.
- In 2010, MHCD treated 15,400 adults, children and families
- MHCD provides services in the 35 sites it operates and in dozens of community locations
- More than 75% of the people we serve go on to lead happier, more productive lives

MHCD is committed to a future where everyone has access to needed health services.



4141 East Dickenson Place
Denver, Colorado 80222
303-504-6500 www.mhcd.org

Visit us on Facebook



MENTAL HEALTH CENTER OF DENVER DONATIONS

JANUARY 1 - DECEMBER 31, 2010

\$0 - \$499

Tammy Abramovitz
Eric Adelman*
Joanne Aiello*
 William Albrecht
 John Allison*
 Robert Anderson
 Anonymous
 Trish Applegate
 Alison Aragon
 Barbara Armendariz
 Kay Axtell
 Theresa Baiotto
 Rita Baker
 Crosby Bambrough*
 Robert Barnstable
 Carrie Bartow
 Mary Ann Beck
 Judge and Mrs. Joseph Bellipanni
 Frank and Carla Bennett
 Ann Bersani
 Alvina Bierstedt
 Patricia Billinger
 Matthew Bolz-Weber
 Susan Bomar
 Sara Boylan
 Amanda Bradley
 Sarah Bradley
 Andrew Braun
 Eric Brody
 Pauline Brookhaus*
 Brandon Brown*
 Cedric Buchanan
 Dennis Buelow
 David Burgess
 Jean Bushong*
 Business Forms, Inc.*
 Ryan Butkovich*
 Michael Callahan
 Louise Canjar
 Mary Jane Canjar
 Dr. Nancy Carlson
 Marceil Case
 Robbi Casey
 Patty Shaw Castilian
 Gregory Cennamo
 Kathryn Chaney
 Cathy Channing
 Michael Christmas*
 Bernie Ciazza
 Janet Clarke
 Anita Coen
 Joan Colby
 Beth Coleman
 JEM Communications, Inc.
 Community First Foundation
 Richard and Phyllis Conner
 Christina Constant
 Coletta Jeanne Crane
 Misty Croughen
 Disney Cruz
 Diana Curry-McGuirk
 CVI Digital Solutions
 Janet Dampier
 Michelle Danson*

Mary J. Davis*
 Kirsten Delaney
 Denise Denslow
 Denver Health Medical Center
 Jim, Linda, and Jacquelyn Detling
 Allen Dines
 Theresa Donahue*
 Brian D'Orazio
 The Douglass Foundation
 Jean Driscoll
 Rich Duncan
 Douglas and Martha Dyckes
 James Egger*
 Elizabeth Eldridge
 Mark Elmshauer
 Kristin Enaire
 Martie Essebagers
 Cathy and Karl Evans*
 Elisabeth Everts
 Tonya Follows
 Gail Fawcett
 Susan Fayad and David Brunell
 Jeffrey Fehring
 Nancy Fein
 Elizabeth and Lawrence Feldman*
 Anne Fendrich
 Marvin and Joyce Fester
 Mira Fine
 Iris Fisher
 Steve Fisher*
 Thomas Flanagan
 Jay and Lydia Flynn
 Natalie Ford
 Karen Forster
 Foundation for Education
 Excellence
 Meg Deane and Fred Franko*
 Allan Fredrick
 Elizaveta Fridland
 Glen and Esther Frisbie
 Todd and Cheryl Frisbie
 Martha Fulford
 Theodore Gaensbauer
 Dennis Gallagher
 Kaia Gallagher
 Gallop Cafe, LLC
 Diane Gardner
 John Gardner
 Velvia Garner
 Kevin and Julie Garren
 Girls Inc.
 Trisha Goetz
 Mary Gorham
 Joyce Grays
 Amy Graziano
 Mary Greer
 Maria Guajardo
 Gwen Habert
 Patricia Hagen
 Kristin Haitron
 Christine Hall
 Terri Hamblen
 Mr. and Mrs. Eldon Hanson
 Laurie and Calvin Hanson
 Ed Harvey
 Russell Haskell

Janet Henson
 Karen Hillion
 Robert and Anne Hilton
 Lucille Horner
 Diana Huerta
 Patricia Hughes
 Sarah Hunsche
 Marijane and George Hutchison
 Heather Jackson
 Margo and Dan Jacobson
 Lara Jakubowski
 Betsy Jansen
 Richard John, Jr.
 Erica Johnson
 Julie Jondahl
 Barb Jones
 Elizabeth Jones
 Sheila Jones
 Neal Jorgensen
 Lauren Kaplan
 Edward Keely
 Barbara Kelly*
 Glenna Kelly
 Jane Kennedy
 Betty Ketchum
 Kenneth and Rilda Ketchum
 Robert and Elaine Ketchum
Judith Kilbourne*
 Lxandra King*
 Cherie Kirschbaum
 Richard Kisseberth
 Melissa Klenk
 Mary Klimko
 Scott Kline
 Sandra Korfhage*
 Betty Kuehner
 Sally Kurtzman
 Henry Kusumi
 Dorothy Lamm*
 Ryan Lanter
 Carlos Larranaga
 Rebecca Lashley
 David Laundry
 Steve Lawrence
 Nancy Leatherman
 Jeff Lefor*
 Mary Lehman
 Ludeen Leiter
 Ben Levek
 Kay Levinson
 Faye Lindenbaum
 Mark Linkow, M.D.
 Tyra Litzau
 Melissa Loan
 Kevin Lockwood
 William Loftis
 Eric Long
 Patty Lynch
 Rick Madden and Margaret Delany
 Carla Madison
 Barbara Mahnen
 Jodie Malhotra
 Lori Manhart
 Nicholas Marchese*
 John Mariner
 Maureen Martin

Dolores Martinez-Hernandez*
 Shari Maslo
 Lori Matiella-Murray*
 Mayor's Office for Education and
 Children
 Barb and Steve McCarl
 Mabelle Meadows
 Gary Merenstein
 Bernadine Merker
 Camille Metherd
 Magen Michelli*
 Mile High United Way
 Amanda Miles
 Heidi Miller
 Linda Miller
 Gail Mills
 William Milnor
 Judy Minter
 Brad Cameron and
 Terrence Mischel
 Chris Moe*
 Lisa Montagu*
 Jack and Teresa Morgan*
 Elaine Moses
 Beth Mundell
 William Mutch
 Cynthia Nelson
 Peggy Nelson
 Network For Good
 Jill Neuffer
 Jason Newcomer
 Paul Niedermuller
 Steve Nissen
 Katharine Noble
 Dallas and Cindy Ober
 Michael O'Donnell
 Marian Olson
 Karin Ostlund
 Steve and Kathy Pals
 Ronda Palsulich
 Pamela Haglund, Psy.D.
 Emilia Paul
 Roberta Payne
 Claire Pearson
 Robert Peterson
 Pat Wilson Pheanious
 Robert Phillips
 Piton Foundation
 Daniel Poremba
 Bernard Powers
 Lydia Prado
 Cynthia Prado-Gutierrez
 Mary Pratt
 Vienna Presley
 Yelena Primachenko
 Laura Pritchard-Haile
 Linda Quade
 Madeline Quigley
 Arlene Rapal
 Paula Ray*
 Chuck Reid
 Ralph Rempel*
 Robert Renfro
 Betty Richardson
 Jeff Riley*
 Jeanne Robb*

Lisa Rogge
 Robert J. Ross
 William Ross
 Lisa and Jack Rouff
 Dan Rubatt
 Renee Ruderman
 Joanne Rudoff
 Erin and Travis Runnels
 Rita Sadler
 Susan and Ernest Sampias
 Jean Scandlyn*
 Heather Schichtel
 Janet Schmidt
 Angela Scott*
 Debra Sedgeley
 Seeds of Hope Charitable Trust
 Ann Selling*
 Nancy Severson
 Pat Shaver
 Shaw Electric, Inc.
 Vernon and Margaret Shoup
 Stan Siefer
 Mary Simon
 Sisters of Color United
 Alison Slife
 Sloan Associates
 Robert and Tiffany Smink*
 Melanie Smith
 Paul Smith*
 Aaron Solomon
 Judi Spindelov*
 Wanda Steadham
 Lisa Steffen
 C. Jean Stewart
 Marti Stewart
 Ken Stiefler*
 Michelle Stockland
 Nancy Warner Stout
 James Strasser
 David Sumrak
 Barbara Swallow
 Karen Sweet
 Loren and Marilyn Telleen
 Kimberly Thompson
 Peter Thulson
 Carol Thurber
 Kathleen Travis
 Jonathan Treter
 Hollie Trow
 Russ Urrutia
 Rudolph Valdez
 Patricia Van Deman
 Dell Vandever*
 Marla VanKooten
 Stephen VanMeter
 Katelyn Vickland
 Katherine Vigil
 James Vonachen
 James Wade
 Allison Walford
 Amy Wall
 Peter Wall
 Margaret and Chester Wallace*
 Diana Walstrom
 Sally Walter
 Nick Ward

Jane Wasson
 Marilyn Watson
 Seneca Webb
 Debra Webster
 Paul Weiman
 Fern Wesswick
 Andrea Whitaker
 James White
 Paula Whittemore
 Marla Williams
 Janet K. Wood
 Nancy Woodward
 Paul Woodward
 Caroline Wright
 WSA Lodge #6
 John Wyatt
 Karen Yablonski-Toll*
 Clifford and Patricia Young
 Your Cause Sports
 Scott Zeman
 Alicia Zimmerman
 Melody Zоргdrager

\$500 - \$4,999

Steve and Shari Adelman*
 American Furniture Warehouse
 ARC Thrift Stores*
 AstraZeneca
 Bethany Lutheran Church
 Rudy Bettmann
 Bjorn Borgen
 BP Fabric of America Fund
 Robert Bremer*
Molly Broeren*
 Cars Helping Charities, Inc.
Forrest Cason*
Nolbert Chavez*
Cheryl Clark, M.D.*
Carl Clark, M.D.*
Clifton Gunderson, LLP*
 Susan Collopy

Colorado Access
 Colorado Health Network
 Community Health
 Charities of CO
 Community School for the Gifted
Roy and Cynthia Davidson Starks*
 Rachel Davis*
 Deadwood Riders
Digitech Systems, Inc.*
Ric Durity*
Chris Engleby*
Ensign United States Drilling, Inc.*
 Falkenberg Foundation
 Barbara Ford*
 Charles Gerretson
 Gregory Gomez*
 Mark Groshek, M.D.*
 Henry Ham Insurance Agency
 Peggy Hill*
Elizabeth Holtze*
 Tim and Jean Hudner
 JCA Glass
 Ann Jones
 Jane Karl
 Linda LaGanga
 Kenny Lewis*
 Lloyd Lewis*
Lockton Companies*
 Timothy and Bernadette Marquez Foundation
 McKesson
 Ronnie Mitzner*
Kristen Mock*
 Reed Morgan
William Ohs and Nancy Wilson*
 Ortho-McNeil-Janssen Pharma, Inc.
 Pinnacol Assurance
 Cynthia Rasmussen*
 Kyle Rawlings
Joanne Amter Roll*

Rx Plus Pharmacies
 Safety Management Systems, LLC
Tom Schledwitz*
Frank and Barbara Shaw*
Richard S. Simms, PC*
 Loren Snyder
 Solera National Bank
Edie Sonn*
Source Office Products*
 Daniela Stamatoiu, M.D.*
 Bill and Bernie Steele*
 William Welch
 Richard Westfall*
 Wesley Williams and Julie Wolf

\$5,000 - \$9,999

**Anadarko Petroleum Corp*
 Citywide Banks*
 Lynn Musgraves, M.D.*
 Netsmart Technologies, Inc.**

\$10,000 and more

Anschutz Foundation
Cheeryble Fund*
 Colorado Health Foundation
 The Colorado Trust Directed Contributions Program
**Dr. Nancy and Mr. Sam Gary*
 The Gary-Williams Energy Foundation***
Robert and Pamela Troyer*
 Zonta Club of Denver

Governmental and Organizational Support

Colorado 2nd Judicial District,
 Denver Adult Probation
 Colorado Access

Colorado Coalition for the Homeless
 Office of the Governor, Colorado Community and Interagency Council on Homelessness
 Colorado Department of Health Care Policy and Financing
 Colorado Department of Human Services, Colorado Commission for the Deaf and Hard of Hearing
 Colorado Department of Human Services, Colorado Works
 Colorado Department of Human Services, Division of Behavioral Health
 Colorado Department of Human Services, Division of Supportive Housing and Homeless Programs
 Colorado Department of Human Services, Division of Vocational Rehabilitation
 Colorado Department of Human Services, Division of Youth Corrections
 Colorado Department of Local Affairs
 Colorado Department of Public Health and Environment, Tony Grampas Youth Services
 Denver Crime Prevention and Control Commission
 Denver Department of Environmental Health, Office of HIV Resources
 Denver Department of Human Services, Denver's Road Home
 Denver Health Medical Center
 Denver Sheriff's Department
 Feinstein Institute for Medical Research
 Mile High United Way,
 Denver's Road Home

Social Security Administration/ Westat
 US Department of Health and Human Services, Substance Abuse and Mental Health Services Administration

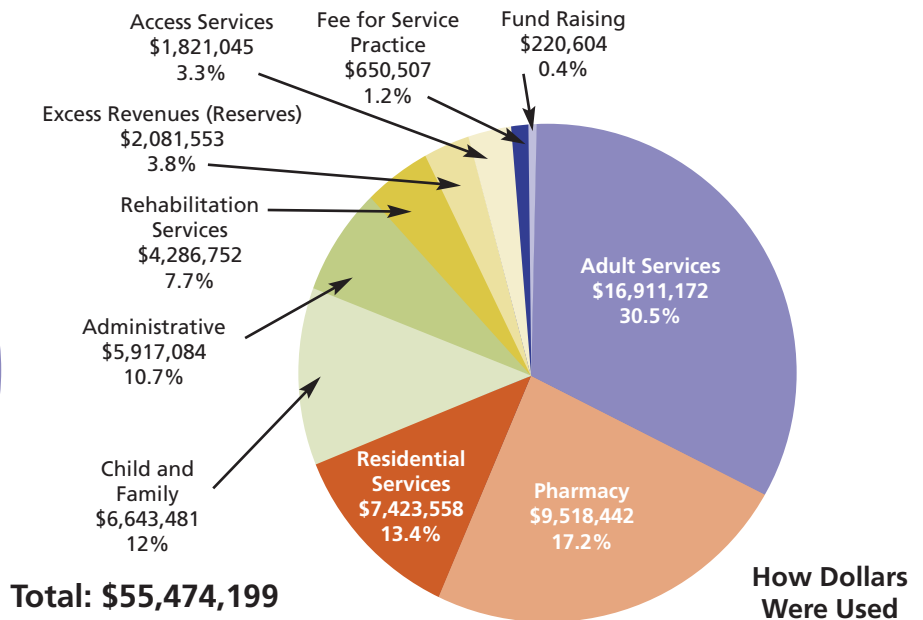
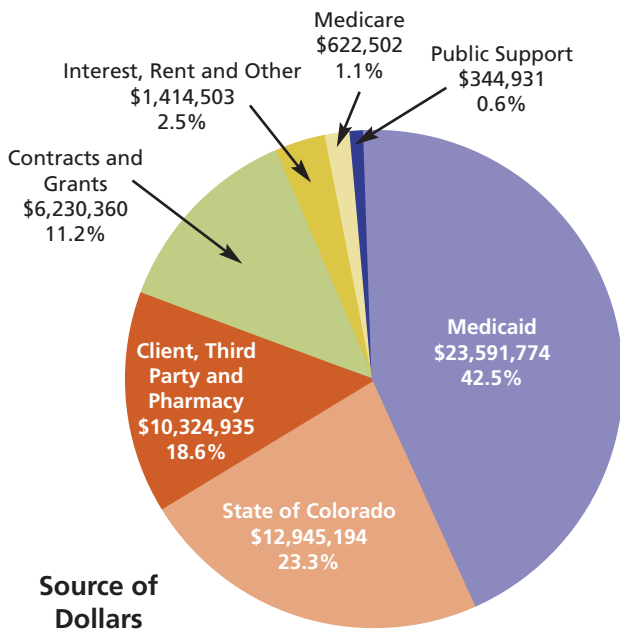
In-Kind Donations

During 2010, more than 4,500 in-kind goods were given to both MHCD's Wishing Well and A New Day Resource Centers by individuals, groups, and businesses throughout the community. These generous donations help assure that our consumers have access to a wide variety of food, household products, clothing, and other items. We would like to also thank the many donors to our Gifts of Joy Holiday Gift Drive. We received cash and gift card donations from the community to support this important program. The community also provided new gifts to share with children receiving treatment at MHCD.

* Multi-Year Donor
Gifts of Hope Society



FINANCIALS
JULY 1, 2009 – JUNE 30, 2010



Total: \$55,474,199