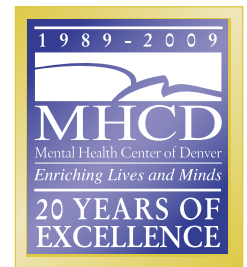


perspective



NEWSLETTER OF THE MENTAL HEALTH CENTER OF DENVER • SPRING 2010

VOLUNTEERS HELP MAKE MHCD GREAT

One of the most exciting programs at the Mental Health Center of Denver is CHAMPS – Caring Hands and Minds Providing Support – and it's all about VOLUNTEERS! Under the direction of Joanne Aiello, the program seeks to support MHCD staff by providing meaningful, fulfilling activities for anyone wishing to volunteer.



Caring Hands and Minds Providing Support

At the new Child & Family resource center, volunteers are helping stock the food bank and prepare donated items for distribution to families receiving services at MHCD.

At MHCD's *2Succeed in Education and Employment* located at 456 Bannock, volunteers help with resume writing and job skills training and work with consumers in Sally's Café.

In MHCD's Day Treatment Program, a part of Child & Family Services, volunteers bring trained therapy dogs to work with the children. Their efforts provide wonderful

benefits to the children who participate in this full-day school experience.

A new volunteer opportunity is also available:

The MHCD Speakers' Bureau needs speakers who wish to share information about mental illness and the Mental Health Center of Denver throughout the community.

After completing a volunteer application, volunteers will be screened and asked to attend a Volunteer Orientation. This general orientation will be followed by specific training by development or program staff to prepare everyone for the specific area where they will volunteer.

If you would like to know more about volunteering at MHCD, plan to attend an upcoming Enriching Lives and Minds session. Contact Joanne Aiello, Manager of Special Events and Volunteers, for more information: Call 303-504-6732 or email joanne.aiello@mhcd.org

MHCD HELPS DENVER BE A NATIONAL MODEL FOR HELPING THE HOMELESS

MHCD takes seriously its role in finding homeless people living with a mental illness and getting them into housing and treatment services as quickly as possible. Specialized programs include the GROW program which works with homeless women, the HIKE program which partners with three other nonprofits to reach homeless older youth and young adults, and the Court to Community program which works with the criminal justice system to divert homeless minor offenders living with a mental illness from jail and into housing and treatment. MHCD's therapists work in the Samaritan House, St. Francis Center, and the Gathering Place to increase access to the homeless. Through its efforts, MHCD is able to help an average of one homeless person each day leave the streets.

According to a recent study by the U.S. Department of Housing and Urban Development, Denver is a national model for helping the homeless have better access to mainstream services. While Denver's homeless population and the services available to them may change according to available resources, what does not change is the collaborative approach to homelessness in Denver. MHCD is happy to join Denver's Road Home, the Colorado Coalition for the Homeless, and other local organizations to reach out to this vulnerable population.

DR. CARL CLARK, CHIEF EXECUTIVE OFFICER OF THE MENTAL HEALTH CENTER OF DENVER AND THE BOARD OF DIRECTORS

Invite you to join us at the Governor's Mansion for a reception recognizing our donors and community partners who help the Mental Health Center of Denver make a lasting impression on our community.

Meet our featured guest,
Joan Borysenko, Ph.D.,
the inspiring author of the
New York Times bestseller,
Minding the Body, Mending the Mind.

Wednesday, May 12, 2010
5:30 – 7:30 p.m.

The Historic Governor's Mansion
400 East 8th Avenue,
Denver, Colorado

Please RSVP by May 7th
by calling: 303-504-6732
or emailing: joanne.aiello@mhcd.org

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of Denver
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MENTAL HEALTH CENTER OF DENVER

4141 E. Dickenson Place
Denver, CO 80222



EVERYONE CAN GET INVOLVED WITH MHCD AND MAKE A CONTRIBUTION TO THE LIVES OF PEOPLE WE SERVE

MHCD Enriching Lives & Minds Open House

Join us for a one-hour informational event, held monthly, to learn more about how MHCD is changing lives by helping people recover from mental illness.

Wednesday, May 19, 7:45 – 9:00 a.m. – program on outreach for homeless youth
Tuesday, June 22, 5:15 – 6:30 p.m. – program on new family resource center

To RSVP or for future dates and locations, contact
Joanne Aiello at 303-504-6732 or joanne.aiello@mhcd.org



A Program of Community First Foundation

Contribute Online

MHCD is a part of GivingFirst, an online giving tool. Visit www.mhcd.org or www.givingfirst.org to learn how this partnership supports MHCD by paying all online giving fees.

Contribute in the Workplace – Spread the Word

Because MHCD is a member of Community Health Charities, federal, state, county, and city employees can support us through their workplace giving campaigns.

Designate MHCD to receive your gifts:

- ~ Combined Federal Campaign Code - 39579
- ~ Colorado Combined Campaign Code - 0953
- ~ Denver Employees Combined Campaign Code - 2549



TOGETHER GREEN

If you prefer to receive this newsletter electronically, send your e-mail address to:
barbara.shaw@mhcd.org

Enterprise Zone

MHCD's 2Succeed in Education and Employment is located in a Denver Enterprise Zone. Your donation of \$200 or more designated to 2Succeed is eligible for a State Tax Credit. For information, contact Barbara Shaw at 303-504-6727 or barbara.shaw@mhcd.org

Contact Us:

Mental Health Center of Denver
4141 E. Dickenson Place
Denver, Colorado 80222

303.504.6500 • www.mhcd.org

VozyCorazón

Suicide Prevention Program

*Choosing Life,
Choosing Hope*

6th Annual Teen Art Show & Benefit

Saturday, June 12, 2010

All Ages

Art Work, Dinner, Dancing,
Silent Auction, Live Entertainment

5:30pm - 10:30pm

17 and under - Free

Adults - \$40

Couples - \$70

**RedLine Art
2350 Arapahoe Street
Denver, CO 80205**

Lisa 303.504.6725