

# PERSPECTIVES ON RECOVERY

A NEWSLETTER OF THE MENTAL HEALTH CENTER OF DENVER • WINTER 2010



## JOIN US FOR OUR ANNUAL MEETING...



**MENTAL HEALTH CENTER OF DENVER**  
ENRICHING LIVES AND MINDS BY FOCUSING ON STRENGTHS AND RECOVERY

**The Board of Directors of the Mental Health Center of Denver and CEO Dr. Carl Clark invite you to attend the 2011 Annual Meeting**

### **BUILDING ON THE PAST FOR A BOLD FUTURE**

**Wednesday, February 23, 2011 | 6:00 – 7:30 p.m.**

Mitchell Hall | Denver Botanic Gardens | 909 York St., Denver, CO 80206

Free parking and refreshments. Please RSVP by February 16, 2011 to Rita Sadler at 303-504-6734 or [Rita.Sadler@mhcd.org](mailto:Rita.Sadler@mhcd.org).

Visit [www.mhcd.org](http://www.mhcd.org) for more information.

## **BUILDING ON THE PAST FOR A BOLD FUTURE**

The Mental Health Center of Denver's Annual Meeting gives donors and community partners the opportunity to celebrate the past year's accomplishments with MHCD's board of directors and leadership team. A brief program will allow CEO Dr. Carl Clark to update friends and highlight what is coming in the next few months.

Attendance at the Annual Meeting does require an RSVP. Please respond no later than February 16, 2011 to [rita.sadler@mhcd.org](mailto:rita.sadler@mhcd.org) or 303-504-6734.

MHCD's Annual Report will be available at the Annual Meeting. It will also be posted online at the MHCD website at [www.mhcd.org](http://www.mhcd.org). If you wish to receive a hard copy of the Annual Report but cannot attend the Annual Meeting, Barbara Shaw will mail one to you. Contact her at 303-504-6727 or [barbara.shaw@mhcd.org](mailto:barbara.shaw@mhcd.org)

## HEALTHCARE REFORM – WHERE DO WE GO FROM HERE?

On March 23, 2010, President Obama signed The Patient Protection and Affordable Care Act (H.R. 3590). Known as “health care reform,” the bill covers Medicare, Medicaid, and Insurance reform and other provisions. The overall design of reform involves universal coverage, payment reform, and system delivery. More Americans will be covered; however, universal coverage was not achieved; payment reforms will encourage providers to keep people healthy; system delivery reforms will become more effective and efficient.

Our state provided a good foundation for implementing federal healthcare reform through the Colorado Health Care Affordability Act (CHAA) which by 2014 will extend state-sponsored coverage to 130,000 more individuals under Medicaid and CHP+ at a cost of about \$750 million.

According to an analysis by the Colorado Health Institute, approximately 542,000 Coloradoans will gain health insurance as a result of federal and state healthcare reform, a reduction in the uninsured population from 800,000 to 258,000.

Under healthcare reform:

Patient-Centered Healthcare Homes composed of a care team will coordinate care, provide ongoing relationships with primary care physicians and collectively take responsibility for ongoing care.

Accountable Care Organizations (ACO), each made up of a group of providers, will receive payment to provide all the care for a population with incentives to keep the population healthier.

Early intervention and prevention programs will become a more important part of the system.

Similar to the Accountable Care Organization model, Colorado has established a system of Regional Collaborative Care Organizations (RCCOs) as a pilot project for healthcare payment and delivery reform for the Medicaid population. MHCD will not be a “collaborative care” organization, but plans to be a key provider of behavioral health services to the collaborative care organizations.

Payment reforms will be linked to the ability to demonstrate outcomes and manage costs. MHCD’s current instruments provide us, and likely others, the tools to measure outcomes and demonstrate results.

MHCD is ready to take on the challenges and opportunities brought about by health care reform. With a staff of 500 dedicated employees and plans to expand services to all populations, the future looks bright for the Mental Health Center of Denver.

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## NEW BUILDING ON THE DRAWING BOARD



In the coming months, the 70,000 sq. ft. building located at 4455 E. 12th Ave. in Denver will be transformed into an MHCD recovery center allowing greater access to state-of-the-art treatment programs in our community.

Both the interior and exterior of the building will be renovated with a green and sustainable design along with additional parking and landscape improvements.

*Anticipated opening of the new space is July of 2012.*

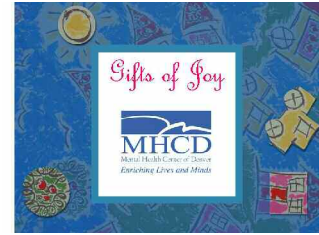
## GIFTS OF JOY HOLIDAY GIFT DRIVE

With support from MHCD staff and board as well as many people in the community, the Mental Health Center of Denver again provided a holiday gift or gift card to children, adolescents, and adults in its treatment programs through the *Gifts of Joy Holiday Gift Drive*.

Children under the age of 12 received a specially selected gift in keeping with their own wishes. Adolescents 12 and older and adults received gift cards. Residents of MHCD's group homes received a small gift bag and everything needed to prepare a holiday meal for themselves in their own homes.

Almost \$20,000 in cash was donated to support this project along with thousands of dollars of donated gift cards and new gifts.

The *Gifts of Joy Holiday Gift Drive* is a real "feel good" event in which we can all participate. Special thanks to each of you who donated cash, bought gifts and gift cards, put together meals for homes, and collected your coins to support this annual project.



## 2Succeed™ EMPLOYMENT PLAYS A SIGNIFICANT ROLE IN RECOVERY

At MHCD, finding and maintaining meaningful employment is a key element in recovery.

At 2Succeed in Employment, the emphasis on vocational rehabilitation has resulted in its receiving the 2010 Science and Service Award from the Substance Abuse and Mental Health Services Administration (SAMHSA).

The 2Succeed in Employment program is also a pillar of a new MHCD program launched in partnership with the State Division of Behavioral Health, the Mental Health Center Serving Boulder and Broomfield Counties and the Jefferson Center for Mental Health to share its supported employment model with partner organizations and community mental health centers throughout the State.

With a job placement success rate of 50%, MHCD excelled as a participant in the Social Security Administration's Mental Health Treatment Study on the efficacy of supported employment programs for consumers with primary impairments of schizo-affective disorder or schizophrenia.

During 2010, the GROW Program, working with homeless women with both mental illness and substance abuse, added a supported employment component to help women find either part-time competitive employment or a full-time job that is openly available to candidates with or without mental illness. Following a six-month pilot project, fully 80% of the women in the GROW program were either in an employment situation or in an education/training situation leading to employment.

## 12th ANNUAL RECOVERY CONFERENCE SET FOR MAY

On Thursday, May 26, the Mental Health Center of Denver along with Access Behavioral Care will host the 12th Annual Recovery Conference with the theme *Stand Up for Mental Health Recovery*.

The conference will feature David Granirer from Stand Up for Mental Health as the keynote speaker. David will also facilitate a break-out session and work with five persons served by MHCD, helping them develop standup routines.

Break-out sessions will feature topics such as Spirituality, the Recovery Summit, MHCD's Consumer Portal, Recovery Instruments, and Heroes in Recovery.

Again this year, the conference will be catered by MHCD's Sally's Café. For additional information, contact Melanie Parker at 303-504-6568 or [melanie.parker@mhcd.org](mailto:melanie.parker@mhcd.org)

## COLORADO GIVES DAY

On Wednesday, December 8, 2010, the first ever Colorado Gives Day took place throughout the state. Sponsored by the Community First Foundation and its GivingFirst.org website and supported by First Bank, this single-day effort to raise money for Colorado nonprofits was a huge success. Hoping to raise \$1 million in one 24-hour period, Community First and participating nonprofits promoted the effort in a wide variety of venues and, as a result, a total of \$8 million was raised for Colorado charities on that one day!



The Mental Health Center of Denver was honored to participate with Community First Foundation in this highly successful and innovative project. Our thanks go out to them and to all of you who donated on that date.

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of Denver  
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**MHCD ENRICHING LIVES & MINDS OPEN HOUSE**

Join us for a one-hour informational event, held monthly, to learn more about how MHCD is changing lives by helping people recover from mental illness.

Wednesday, February 16, 7:45 – 9:00 a.m.

*2Succeed in Education*

Wednesday, March 30, 7:45 – 9:00 a.m.

*2Succeed in Employment*

Wednesday, April 20, 7:45 – 9:00 a.m.

*HIKE program*

All sessions will be held at the MHCD office at 4141 E. Dickenson Place.

To RSVP or for future dates and locations, contact Joanne Aiello at 303-504-6732 or [joanne.aiello@mhcd.org](mailto:joanne.aiello@mhcd.org)



Caring Hands and Minds Providing Support

MHCD's volunteer program *CHAMPS – Caring Hands and Minds Providing Support* – continues to expand as more volunteers work in meaningful, fulfilling activities which support specific program areas.

If you would like to know more about volunteering, plan to attend an upcoming Enriching Lives and Minds session or contact Joanne Aiello, Manager of Special Events and Volunteers at 303-504-6732 or [joanne.aiello@mhcd.org](mailto:joanne.aiello@mhcd.org)



**WORKPLACE GIVING SUPPORTS MHCD'S WORK**

The Mental Health Center of Denver is a proud member of Community Health Charities, a workplace giving program that "improves the lives of people affected by a disability or chronic disease by uniting caring donors in the workplace with our nation's most trusted health charities."

Through this affiliation, MHCD is represented in workplace giving campaigns with all federal, state, city and county employees through combined campaigns and with a wide variety of private employers through the Partnership for Colorado campaign.

A total of 53 health charities participate locally in the Community Health Charities workplace giving campaigns. For more information about workplace giving or Community Health Charities, contact Barbara Shaw at [barbara.shaw@mhcd.org](mailto:barbara.shaw@mhcd.org) or 303-504-6727.

